

# TOWER

A MAGAZINE FOR THE LITERARY AND VISUAL ARTS



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Tree
Digital Photograph By:
Kirsten Biel



## Love, Mom

#### Alexys Cheney

Over the course of the years, you have worn me down.

Mom, why would you do that?

To your eldest daughter,

The one who used to look up to you.

I'm sorry to say this but I have grown.

The truth has been revealed about you.

How you lie and deceive.

How you manipulate and ruin.

Now that I know this truth, I will stay no longer.

I have experienced on my own, just how bad you truly can be.

I don't want to deal with this anymore.

I am no longer that little girl that you used to kiss goodnight and tuck me in For the night.

Making sure to leave on the light in case I woke up scared, and searching for you.

The little girl who used to play by herself and not bother you,

Unless it was to show you something great.

To impress you somehow; someway.

But she is gone.

This little girl is now big and strong and no longer seeks for you.

Because she cannot deal with being around you any longer.

No more will I-push-it-aside-so-everything-will-be-calm-and-we-won't-yell-at-each-other-anymore.

To be tossed aside and treated like i'm not worth your time.

I guess being worn down takes a lot out of you.

Too bad all you did was wear me down too.

With the constant I-need-you-to-help-me-with-this or why-can't-you-do-this-for-me-for-once-in-your-life.

Can't you see?

That I have put the effort in.

That I have given you my all.

Mom, why don't you try?

It seems as though every time I help you, it only gets worse.

When I try to be nice and seem to only get cursed.

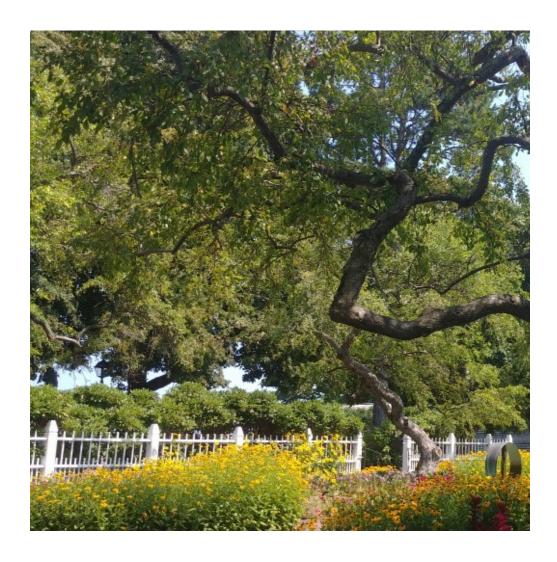
Getting nothing in return for helping you cope.

Why is it that with each step we get close,

I get thrown back ten more steps.
I try to get over the arguments that tear me apart.
With each yell,
With each time I start to cry,
A part of my heart breaks.
And it aches to the point where it separates.
The piece of my heart where you were once held.

I have adapted to not talking to you.
I see that you have moved passed it all.
Moving away and starting anew.
Only to take my little sister with you.
Mom, how could you do that to her?
To separate her from her family.
From the ones that she loves.
Making her leave the only life that she has known,
For your benefit and wishes.
It seems too selfish, even for you.
I will miss her...
Though I won't miss you.

Especially due to the problems that you have caused for not only me, but for you. The situations that I have dealt with. With having to be a mother for my little sister. To play with her to keep her from disturbing you. Having to cook her meals every night, while you slept tight. How tiring it must've been for you? Oh how I should've felt so sorry for you. I wish I was brave enough back then to stop you. From using me, and make you take care of your own responsibility. A responsibility that I would have never put you through, If you were me and I were you. I guess I will be seeing you. I just hope you know that I have moved passed it too. Cheers to starting anew without you, Though it will be hard.



Spring
Digital Photograph By:
Kirsten Biel

Seed
Owen Panos

It begins with a seed.
One, simple seed.
Planted in a large sea of its kind.
It grows.
Young, new, learning.
Innocent within its leaves,
Rain blesses while sunlight kisses.
The seedling grew each day.
Suddenly,
Something changed.

The day seemed like any other.
Flutter of wings.
Chitter of bugs.



Sunlight once again kisses its leaves.

The smell of sweet Earth,

But the day is cold.

The tree,

So young, yet to grow old.

Wet, cool rain drops fall from leaves.

Set to change from green

To yellow

To red

To brown

And fall to the ground.

Aging within a blink of an eye.

Tree,

Enjoy the beauty now,

Before it's gone.

# "Thank you" Letter

### Chloe Bishop Audette

To the boy who broke my heart

notice I didn't say man

Let me start off

by saying thank you

A big ol' thank you that- will- shake- the- building- like- an- earthquake- type- of thank you.

Thank you

for showing me I am more than what you set me out to be

Instead of sending you my billing for the therapy

that was supposed to help but didn't

I will simply send you a thank you card

Sending not love

nor hate

Only regret and distrust

You must open it

due to the curiosity that eats you up like a starving lion

Soon

you will learn what this card contains

It may contain a secret

The type of secret- that- will- drive- you- nuts- like- a- squirrel- during- hibernation- season type of secret.

It may contain a lie

A lie that will deceive you as you did me

Or maybe it will contain love

The type of love that -makes- your- insides- toss-turning- your- brain- to- mushuntil- all- you're- thinking -about -is -the- love- that- you- carry- for -the -person-

you- planned- to- marry type of love

That was the love I had for you

None of that is the content enclosed in it

The pain you put me through

was equivalent to stabbing a knife through my heart

It was the type of pain

Refraining you to leave your bed

See it was the type of pain

that makes you feel as if you're insane

When you were the unstable insane one

However

Enclosed in that envelope will be a pending invite

This invite

will give you an insight of me

The version of me

that was left stranded

#### (continued)

without you to comfort the lonesome feeling

The lonesome feeling

that kept me a prisoner in bed

The old cold bars

where not only made of steel

The bars where made of my depression

The depression

you told me to oppress

when you didn't feel like you wanted to deal with me

The blankets

whos job was to keep me warm at night

Held me hostage

See

the blankets that were supposed to comfort me at night

suffocated me

like a plastic bag over my head

holding me in my bed

All due to the fact that I can't help but think

of all the lies you fed

Instead of getting the doctors recommendation of eight hours of sleep

I get three

seamless hours

where I am yet still a hostage in my room

The room that is haunted by your shadows

I am exhausted

Exhausted

from being the person who tends to love a little too much

I am the type of person

### Hurricane

#### **Emily Mountain**

Yesterday,

I came to sudden realization

That I shouldn't always have to be that person

The person that always has to make others happy.

If I feel like I'm drowning

And there's even one other person in the sea

Who is treading water

I swallow my pain and help them stay afloat

While I am sinking deeper, and deeper into my sea of emotion.

But, yesterday you made me so upset

It felt as though I was being pulled out into the middle of the ocean

As a hurricane rained down on me

You could see my I-am-so-angry-that-I-could-scream face

And it made you fret

But, instead of comforting me

At least trying to protect me from the cold-dark-powerful storm

You decided to join me

Letting the hurricane swallow both of us

But, instead of letting it rain down on us

I held you and kept you warm

While I got to feel the waves crashing down on me

But yesterday, I realized

I shouldn't always have to be the strong-untainted-without-a-crack-or-scratch

boat

Keeping you from feeling the water.

The voice of my mother has always been in my head

Saying to put others before myself

So for all these years

I have just had to hide my endless tears

Saving them all for my bed

But, I shouldn't always have to be

The one who makes people better

Because no one even tries to clear the hurricane

Tearing through every inch of my brain

I told you my feelings on this matter

Not expecting you to become my boat

Only asking that you at least try to keep me afloat

But, you couldn't

You didn't even try because you were too busy focusing on saving yourself

Yesterday, I taught myself that next time I am drowning

I will become my own ship

Because I am the only one who will save me

# "Happy" Place

Chloe Bishop Audette

Walking, step by step Hand and hand Until we reach the end.

Hand and hand with you, Mom

Finally reaching our destination My face unreadable Having only a single tear

A tear that indicated my sadness Sadness that had overcome me Sadness that had overcome you

We had met our destination The destination where she was left Left as nothing more than a memory

Memory overtaking her Her laugh Never to be heard again Her smile Only to be seen in photographs Her voice In our heads

Replaying all our moments Moments we shall never experience again Moments that will one day die Die with me

As we reach this destination I feel you As we reach this destination I am sad

Sad in a place Where giggles are echoed Where children run happily

I was a child I was not running happily This was the place

Where I was told A place where the memories stopped The place where I said goodbye.

## Into The Night

Chloe Bishop Audette

Night is the worse time of the day Instead of sleeping peacefully With the rest of the world

> I lie awake Caught in the repetition Of my thoughts

The thoughts
That should be dreams
The thoughts I can't escape .

I can not dream These thoughts Keep me captive

I lie in my bed Emotionless With the inability to move

I wonder Where I went wrong What I could have said or done

> I wonder Why you are The way you are

#### (continued)

I try Making the pain Go away

I take it Day by day Night by night

I try to eliminate the pain I try to run away Like a scared deer

Only I can't move My bed keeping a hostage

When the hunter finds me I continue to run He is never able to catch up

## A Weed Amongst Roses

Emily Mountain

A dandelion,

Growing amongst thousands of beautiful, vibrant flowers. Flowers with lively colors that stretch across the rainbow Each needing sunshine and water in order to survive,

Each going through the same life cycle,

Each being an important part of the ecosystem.

All so similar,

But the dandelion is viewed as so different.

Others want the radiant flowers

Seeing their beauty and fighting for them.

Wanting to love and treasure them.

But no one wants the dandelion.

For they do not understand the beauty,

Or the strength,

Or the millions of cells constantly working within.

They do not recognize the color of its pedals,

The hue that outshine the sun's rays.

Or the way this plant morphs like a butterfly throughout its life,

Forming into something even more special.

They do not see the magnificent white cloud of seeds,

Dancing in the sky as the wind brushes against its long stem.

Or every single thing that makes it unique from the rest

Only seeing it as a weed,

So unlike them,

And therefore so ugly.

But the dandelion knows its worth.

## Hope and Fear

Miranda Eckerman

Hope teeters on the end of the abyss Over a diving board to death Stands so close The choice less whether to fly or fall More whether to live or die

The abyss calls my name
Hope calls back with courage
Screams conquests into the void
Dares anyone to contest

The abyss, a demon in human form Hope, an angel fierce and mighty Sent by God to fight spiritual battles A guardian with the strength of an army

The abyss pulls at my fingers
Begs for just a moment of recognition
Hope holds me close
Whispers sweet truths in my ears

When the darkness from the abyss steals into my dreams
Permeates its brightest corners
Hope sweeps it into the dustpan
Shovelling it out the door
Covering the drifts of snow at the doorstep

And though I may hope and dream
Every good and lovely thing must slowly wither and die
And one day my hope will disappear
Along with the rest of my dreams and fears
And I hope to God I am long gone by then

## Transitioning

Owen Panos

It always starts off with the same question
"So, what are you?" They say.
The "I-can't-figure-out-what-you-are" suggestion.
I try to keep the body hatred at bay.
Desperately trying to gauge,
If my answer will send them into a rage.

I constantly live in a state,
Explaining who I am.
Where I accept my fate,
To those who call me 'ma'am."
Every "I'm-out-in-public-yet-don't-look-male" feeling.
I say "It's okay" to myself, repeating.

With my family of course,
Who all had a hard time.
Some hate without remorse,
Some, to this day still see me as a crime.
I've gained many, lost some.
Many have cussed my mom out.
But I don't allow myself to be glum,
As my mom and I ignore them, no doubt.
She tells me "It doesn't matter hun"
Because she'll always see me as her son.

#### (continued)

I long for the day where I don't have to explain
It's not a "God-made-you-the-way-you-are" phase.
That, no it's not something wrong with my brain.
For the day that I live without the daze.
A male perceived by society.
The real part of me wails.
Being in public without anxiety.
To take my first inhale.
To be me,
To be called 'he'

But I have to endure the wait,
Drowning in my head and chest.
The awful pressure that I hate,
These feelings I wish I could lay to rest.
Patiently, I wait for T,
To release the pressure in my heart.
Imagining future me,
In a body I can restart.

So when people question
"What are you?"
I say with discretion,
"I
am
me."

## A Voice

Emily Mountain

Born with a voice Unable to be used. Always something to say, But never the opportunity.

The smallest, youngest
Loses their words.
No ability to define who they are
Because their murmur is drowned by the buzz of others.

But the smallest grows,
As does its voice.
Instead of a mutter, hushed words are created.
Quiet, but heard by some.

Growing like a weed,
Faster and faster
Growing larger and larger.
The voice becomes deafening.

Telling its story,
Finally being heard by everyone.
Always something to say,
Endless opportunities.

## Lifeless Life

**Emily Mountain** 

Closing eyes
All hoping to escape their dull lives.
Lives where they are unable to be seen,
Lives where there is no beauty,
No love that is worth dying for,
No cause worth fighting for.
A place where the eyes burn as they hold back the tears,
The tears of living.

Closing eyes
All waiting to see
An exciting, radiant world,
Full of bliss and happiness.
A world where they can be whoever they want to be
And do whatever they want to.
A world without limits.
To be able to live for a few minutes,
Before they have to meet the sunshine again
And wait an eternity
To return to a world
where they can finally see beauty.

But when the eyes close,
They are met with darkness.
No happiness or adventures or bliss,
No moments of release,
No moments to escape.
Just waves of darkness that seems to last for seconds.
Before they open again
And return to their lifeless life.

# Inseparable Chloe Bishop Audette

You used to wear me Every day Every night

You wore me everyday Every single night Rain or shine

You wore me every night Every single day Cold or hot

Until one cold stormy night The warmth of your wrist was no longer there I was left freezing over

The love you possessed was no longer part of me With everyday passing you glance at me But never put me on

I slowly began to fade Fade away from existence The existence that intertwined each string of me to you

> I hope one day you will show me off So proudly as you use to

I hope one day The letters engraved in me Will symbolize our relationship once again

> One day One day I may be replaced That is okay

One day You will find a new best friend Who keeps your wrist warm again



Landscape
Digital Photograph By:
Aidan Trulson

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#### For next year's edition(s)

Submission Forms are available in Room 415, the Publications Center

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#### Colophon

#### col·o·phon n.

1. An inscription placed usually at the end of a book, giving facts about its publication. Source: *The American Heritage*® *Dictionary of the English Language, Third Edition* Copyright © 1996, 1992, by Houghton Mifflin Company. Published by Houghton Mifflin Company. All rights reserved.

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